



SHETLAND Division - Key developmental Indicators

- * All items listed below should be coached and developed throughout each year at the Mustang division level.
- * All players should have a full understanding of the below listed items by the end of their Mustang years prior to going to the next division.
- * Managers and coaches will be evaluated based upon these indicators and other evaluation criteria yearly.

Key Development Indicators

1. Positions and location of each.
 - a. Working knowledge of each position on the field and where they are (all 9 spots) and pitching mound).
2. Swinging of the bat.
3. Where to play at each position, actual reasons why we play at bag depth, etc... Infield and outfield (outfield based off angles)
4. Where to stand in batters box
5. No loop or uppercut but work on down angle swings from shoulder to ball and through.
6. Work on keeping hands inside the ball, no casting of the hands (throwing hands around the plate = long swing)
7. Front foot middle of plate and rear foot back towards catcher as starting position. Square stance, not open or closed.
8. Place tee in front of plate so ball is in front of plate or forward of front foot. Ball should be hit in front of plate.
9. Fundamentals of fielding ground balls
10. Fundamentals of Fly balls.
11. Middle of body, glove down and fingers down on ground. Work from ground -up!
12. Run under the ball, play ball on glove side to catch and use two hands on all catches.



13. Home to 1st base running

14. Upon contact with ball, dropping of the bat (rather than throwing), then digging hard through 1st base!

A. Not to 1st base but all the way THROUGH 1st base.

15. Teamwork and the importance of each player

A. Educate about the importance of each player on the team to win rather than one individual being able to win....No "I" in Team.

B. Recognize good performance but reward team play through conversation or award.